

designs for health



Metabolic Synergy Dietary Supplement

180 Capsules

Recommended Use: As a dietary supplement, take six capsules per day with meals or as directed by your health care practitioner.

Supplement Facts

Serving Size 6 capsules
Servings Per Container 30

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Vitamin C (as Ascorbic Acid)	510 mg 850%	Manganese	3 mg 150%
Vitamin D3 (as Cholecalciferol)	400 IU 100%	(as Manganese Chelazome®Bis-Glycinate Chelate)	
Vitamin E	50 IU 90%	Chromium	500 mcg 417%
d-gamma tocopherol	100 mg	(as Chromium Chelavite®Nicotinate-Glycinate Chelate)	
d-delta tocopherol	42 mg	Potassium (as Bicarbonate)	75 mg 2%
d-alpha tocopherol	22 mg	Alpha Lipoic Acid	600 mg *
d-beta tocopherol	3 mg	L-Taurine	600 mg *
Vitamin B2 (as Riboflavin)	25 mg 1470%	Inositol	500 mg *
Vitamin B3 (as Niacinamide)	50 mg 250%	L-Carnosine	200 mg *
Vitamin B6 (as Pyridoxine HCl)	50 mg 2500%	Vanadium	200 mcg *
Folic Acid	800 mcg 200%	(as Vanadium Chelavite®Nicotinate-Glycinate Chelate)	
Vitamin B12 (as Methylcobalamin)	1000 mcg 16667%	Green Tea	200 mg
Iodine (as Potassium Iodide)	75 mcg 50%	(<i>Camellia sinensis</i>) (leaves)	
Magnesium	100 mg 25%	[standardized to contain 95% EGCG]	
(as Buffered Glycinate Chelate)		Benfothiamine	50 mg *
Zinc	30 mg 200%		
(as Zinc Chelazome®Bis-Glycinate Chelate)			

*Daily Value not established.

Other Ingredients: Gelatin (capsule), rice powder, magnesium stearate.

Chelazome and Chelavite are registered trademarks of Albion Laboratories, Inc. Chelates covered by U.S. Patents 4,599,152, 4,830,716, 5,614,553 and patents pending.

STORE IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN.

Uniquely formulated and distributed by:
Designs for Health, Inc.
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