



Fostering knowledge among health professionals and the public that natural therapies exist to prevent and support a wide range of ailments while facilitating the integration of scientifically valid research supporting these therapies in clinical practice.

Probiotic Synergy™ Powder

THIS INFORMATION IS PROVIDED FOR THE USE OF PHYSICIANS AND OTHER LICENSED HEALTH CARE PRACTITIONERS ONLY. THIS INFORMATION IS INTENDED FOR PHYSICIANS AND OTHER LICENSED HEALTH CARE PROVIDERS TO USE AS A BASIS FOR DETERMINING WHETHER OR NOT TO RECOMMEND THESE PRODUCTS TO THEIR PATIENTS. THIS MEDICAL AND SCIENTIFIC INFORMATION IS NOT FOR USE BY CONSUMERS. THE DIETARY SUPPLEMENT PRODUCTS OFFERED BY DESIGNS FOR HEALTH ARE NOT INTENDED FOR USE BY CONSUMERS AS A MEANS TO CURE, TREAT, PREVENT, DIAGNOSE, OR MITIGATE ANY DISEASE OR OTHER MEDICAL CONDITION.

RESEARCH INDICATES PROBIOTIC SUPPLEMENTATION HELPS:

- Immune defense at the intestinal and systemic level
- Minimize the side effects of antibiotics
- Minimize allergic responses
- Prevention/alleviation of traveler's diarrhea
- Prevention/alleviation of diarrhea and constipation in infants, adults and elderly
- Inhibit growth of pathogenic organisms: bacteria, yeast, parasites
- Improve digestion of lactose
- Alleviate inflammatory bowel disease/ulcerative colitis
- Vitamin K synthesis
- Alleviate atopic dermatitis

PROBIOTIC SYNERGY™ POWDER -- IMPROVED

Designs for Health is once more taking advantage of the latest advancements in scientific technology. Our new Probiotic Synergy Powder has gone from 4 good but standard strains to **6 much more stable and viable strains** -- carefully selected to be acid tolerant and provide excellent adherence to the gut wall. These 6 strains represent the most necessary, stable and best-researched bacteria known today. We now provide 20 billion live organisms per half teaspoon.

Probiotics maintain a healthy bacterial environment in the intestines by displacing bad bacteria, aiding digestion of food including dairy products and by combating yeast overgrowth. Beneficial bacteria also aid in the synthesis of Vitamin K and CLA and possibly the B Vitamins. Many doctors recommend Probiotics after a patient has been taking antibiotics. Daily use of Probiotic Synergy supports healthy bowel movements. Our new Probiotic Synergy Powder is much more room-temperature stable, although refrigeration is still recommended to enhance long-term viability.

Size: 125 grams/62.5 servings per container

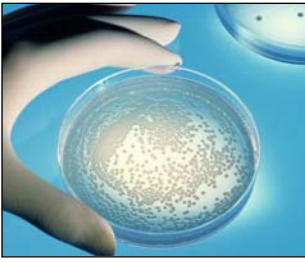
Each ½ teaspoon (2 grams) provides 20 billion total organisms:

Lactobacillus acidophilus	3.34 billion
Lactobacillus paracasei	3.34 billion
Lactobacillus plantarum	3.34 billion
Bifidobacterium longum	3.34 billion
Bifidobacterium infantis	3.34 billion
Bifidobacterium lactis	3.34 billion
Other Ingredients: Rice Maltodextrin.	

COMMONLY ASKED QUESTIONS

WHY DO SOME FORMULAS ADD FOS?

Adding FOS has a few benefits and also negatives. FOS is inherently high in moisture so will relinquish this in the capsule, leading to reduced viability of the organisms and reduced stability of the product. The lower the water activity of a diluent the better, which is why low Aw, non-GMO, rice maltodextrin is used. Although the FOS may provide a food source in the intestine, the amount added is almost insignificant as it is a macro nutrient and most intestines would have adequate food source unless the person is fasting.



WHY DID WE CHOOSE THESE STRAINS?

Designs for Health gets the probiotic strains for this unique, powdered formula from the largest, most trusted producer of dietary supplement probiotics in the United States. This allows us to take advantage of decades of technical expertise, professional know-how from world experts in microbiology, and a state-of-the-art Quality Control department that ensures both the safety and efficacy of these well-researched strains.

The probiotic strains in this formula were produced using a patented stabilization system; the end-result of a 3-year R&D program performed in the United States. So, as long as you keep this product cool or at room temperature, you can trust these probiotics to be stable and viable for 2 full years, as well as inherently acid-and bile-resistant. That means you can just stir a teaspoon of Probiotic Synergy powder in water, add them to your PaleoMeal shake, or sprinkle them into yogurt or on any cold food, and you will get the full benefits of the best researched probiotics in the world.

Lactobacillus plantarum was chosen because of its ability to produce high amounts of beneficial enzymes such as protease for aiding protein digestion.

Bifidobacterium lactis and *longum* have a tremendous amount of research behind them and are very hearty, stable strains. *Bifidobacterium lactis* will populate the lower intestine whereas the *Lactobacillus plantarum* will populate the upper intestine. *Lactobacillus plantarum* also helps lower the pH, making the environment better for the *Bifidobacterium lactis*.

References available electronically upon request. Please send an email requesting the Probiotic Studies to info@designsforhealth.com, or call us (800) 847-8302

INTRODUCING

TWICE DAILY ESSENTIAL PACKETS!

Twice Daily Essential Packets™

Now for your patients' convenience, Designs for Health is proud to present all of the following essential daily products in one easy packet, taken twice daily:

- **Twice Daily Multi**
- **Calcium Malate Chelate**
(2 tablets contain 500 mg elemental calcium)
- **Magnesium Malate Chelate**
(2 tablets contain 500 mg elemental magnesium)
- **Omega Ultra Marine softgel** (600 mg EPA, 400 mg DHA)

To place an order, or for more information, please call us at **(800) 847-8302**,
or visit us on the web at **www.designsforhealth.com**