

designs for health



Three a Day Antioxidant

Dietary Supplement

90 Capsules



Recommended Use: As a dietary supplement, take three capsules daily with meals or as directed by your health care practitioner.

Supplement Facts

Serving Size 3 capsules

Servings Per Container 30

Amount Per Serving	% Daily Value
Vitamin C (Ascorbic Acid)	1000 mg 1667%
Biotin (d-Biotin)	150 mcg 50%
Zinc (Monomethionine)	15 mg 100%
Selenium (Selenomethionine)	100 mcg 143%
Manganese (Chelazome®Bis-Glycinate Chelate)	3 mg 150%
Molybdenum (Bis-Glycinate Chelate)	300 mcg 400%
N-Acetyl Cysteine (NAC)	500 mg *
Leucine	150 mg *
Mixed Tocopherols (Alpha, Beta, Gamma and Delta Tocopherols)	150 mg *
Alpha Lipoic Acid	90 mg *
Green Tea (<i>Camellia sinensis</i>) (leaves) [standardized to contain 50% (25 mg) EGCG]	50 mg *
Turmeric Extract (<i>Curcuma longa</i>) (root) [standardized to contain 95% (47.5 mg) curcuminoids]	50 mg *
Leucoselect® Phytosome®	50 mg *
Grape Seed Extract (<i>Vitis vinifera</i>) (oligomeric proanthocyanidins from grape seeds complexed with phosphatidylcholine from soybeans)	50 mg *

*Daily Value not established.

Other Ingredients: Magnesium stearate, rice flour.

STORE IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN.

Uniquely formulated and distributed by

Designs for Health, Inc.

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